

What every practice needs to know

"...a shift from simple identification of obesity, which often occurs when the condition is obvious and intractable, to **universal assessment, universal preventive health messages, and early intervention.**"

– AAP Expert Committee, 2007

"The American Dietetic Association (ADA), recognizing that overweight is a significant problem for children and adolescents in the United States, takes the position that pediatric overweight intervention requires a combination of family-based and school-based multicomponent programs that include the **promotion of physical activity, parent training/modeling, behavioral counseling, and nutrition education.**"

– American Dietetic Association Position Statement, 2006

To schedule EPIC®: Pediatric Obesity Evaluation, Treatment and Prevention in Community Settings

Contact:

PA Chapter, American Academy of Pediatrics
Rose Tree Corporate Center
Building II, Suite 3007
1400 North Providence Road
Media, PA 19063-2043

Phone: **800-375-5214** (PA only) or
484-446-3004

E-mail: epicobesity@paaap.org



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EPIC® Pediatric **O**BESITY

Evaluation, Treatment and Prevention
In Community Settings

We come to your office!

Call to schedule your free, CME/CEU
On-site Update (1.5 hours)

Presenters:
Physician & Registered Dietitian



American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™



Pennsylvania Chapter



EPIC®: Pediatric Obesity Evaluation, Treatment and Prevention In Community Settings

- Can our practice benefit from a new approach to our obese patients?
 - How can I best counsel patients and families?
 - How can our practice help prevent Generation XXL?

- Recommendations from the American Academy of Pediatrics (AAP) and the Academy of Nutrition and Dietetics (formerly American Dietetic Association)
- Update on current obesity prevention research
- Assessment of weight for size – infancy through adolescence
- Weight maintenance and weight loss
- Comorbidities
- Importance of promoting breastfeeding
- Multicomponent interventions: screen time, sleep, mental health, physical activity, and diet



Make sure you have the training you need to address pediatric obesity.

Earn CME/CEU credits • 1.5 hours
Schedule your FREE Program today!

Call us: 800-375-5214 [PA only] or 484-446-3004

EPIC®: Pediatric Obesity Evaluation, Treatment and Prevention In Community Settings includes:

- Overview of obesity in the United States and Pennsylvania
- Starting pre-birth, then prevention and treatment for infants, children and adolescents
- Clear discussion of prevention, assessment and treatment
 - Involve the whole family
 - Multiple intervention options: food, beverages, physical activity, screen time, sleep, mental health
- Avoiding costly mistakes in coding and reimbursement
- Suggestions for community involvement

Learn to address at each patient visit:

✓ Food goal

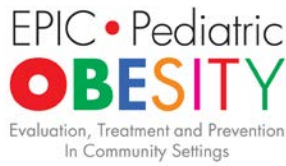
✓ Activity goal

✓ Family goal



Practical Tips!

- Physician and Registered Dietitian presenters come to your site
- Referral options and resources in your area
- Helpful handouts
- Pitfalls in eating out and beverage choices



Call Sharon @ 1-800-375-5214

or

Fax completed form to: (484) 446-3255

We are interested in hosting a free, CME/CEU 1 1/2 hr presentation at our site:

(Please Print Clearly)

Contact person: _____ Title: _____

Practice Name: _____

Practice Type (circle): Pediatric Family Medicine Mixed Other: _____

Street Address: _____

City: _____ PA Zip code: _____ PA DoH Region _____

County: _____ email: _____

Phone: (____) ____ - ____ Fax: (____) ____ - ____ website: _____

We (do) (do not) have a pc

We (do) (do not) have access to an LCD projector.

Number of attendees: _____ Staff Breakdown (circle): MDs, DOs, PAs, NPs, RNs, LPNs, MAs, practice staff

_____ Please call me to discuss the program details.

_____ We would like to schedule an EPIC Obesity Program.

Here are two potential dates and times for this 1 1/2 hours presentation.

Day of the week	Date	Time slot
_____	_____	_____
_____	_____	_____

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