

# Information for pregnant patients seeking dental care



**Please provide the following information:**

Today's date:	
Patient's name:	Date of birth:

Expected due date:

This patient is a Keystone First member and a patient of record. She is encouraged to seek and/or continue dental treatment due to the evidence-based research demonstrating a relationship between oral health and pregnancy outcomes. (*Oral Health Care During Pregnancy: A National Consensus Statement*. National Maternal and Child Oral Health Resource Center, 2012.)

- The standard protocol for dental treatment of a pregnant patient includes:
- Necessary radiographs using a double lead shield over the abdomen and thyroid.
  - Restorative and prophylaxis care (including scaling and root planing if necessary), and or extractions.
  - Local anesthetic, 2% lidocaine.
  - If antibiotic is needed, Category B drugs such as amoxicillin, erythromycin, cephalosporins.
  - If non-narcotic pain management is needed, Category B drugs such as over-the-counter acetaminophen may be used.
  - If narcotic pain management is needed, acetaminophen with codeine #3 during first and second trimesters.
  - Oral rinse chlorhexidine gluconate 0.12%.
  - Prescribed preventive agents such as PreviDent, Fluoridex, and Clinpro dentifrices.

**I agree with the above protocols and for the above-named patient to have dental treatment.**

Name of obstetrics/gynecology provider:
Signature of provider:
Phone/email address of provider:

**I disagree with the above protocol for reasons stated below:**

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Signature of provider:
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